

GYM POWER GENERATOR

ABSTRACT

As energy usage across the world continues to rise, there is a strong need to develop new methods for energy conservation and power generation, particularly approaches that have less environmental impacts. Although human power is not ideal in terms of life cycle costs, there are promising application areas for human power in emerging regions where electric power is either not available or not affordable. There is also untapped potential for harnessing human power at most fitness facilities. Now-a-days spin bike was commonly used in gym as well as home for fitness purpose. The motivation for gyms across the nation to harness this energy to create usable electricity that can be fed back into the electric grid.

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